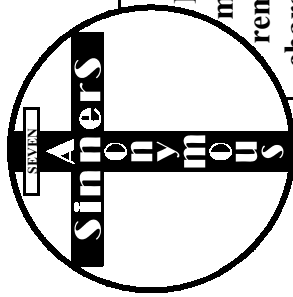


Dear God,
I am ready for Your help in removing from me the defects of character that I now realize are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward spiritual and mental health.



My Creator,
I am willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character that stands in the way of my usefulness to You and my fellows. Grant me strength as I go out from here to do Your bidding.

*Humble yourselves before the Lord
and He will lift you up.*

James 4:10

Sinners

Steps Six & Seven

STEP SIX

E _____ R _____

1. R _____.

2. W _____.

STEP SEVEN

Humbly Ask For R _____

1. H _____.

2. S _____.