



I have the desire to do what is good, but I cannot carry it out.

Romans 7:18b

Step One

POWERLESSNESS

1. OUR D_____ INTO POWERLESSNESS
2. GOD'S U_____ OF OUR POWERLESSNESS
3. OUR R_____ TO HIS POWERFULNESS

MY RESPONSE

I admit before God and my brothers and sisters in Christ that I am powerless over the effects of my separation from God. I confess that my life is unmanageable apart from Him.

During the next seven weeks, I commit to God and my brothers and sisters in Christ to *keep coming back* as I learn how to be healed *one day at a time* as I continue to practice these principles of recovery in everything that I do.